

Activity 6 – Walk in their shoes...

Activity type/method: Experiential – Cognitive method (Perspective taking)

Learning Goal:

Through this activity the trainees are going to learn to see situations from other perspectives, in order to understand how diverse people may feel, show concern about their misfortunes, identify with their experiences and as a consequence increase their diversity skill.

Specificities: The activity can be done individually, but it works better in groups. The trainees write down the challenges those groups face alone or in small groups and then come back in one group to reflect upon their experience over the activity.

Duration: 1 hour

Material needed: “The list with the target groups”

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