

## Conflict Perspectives Sheet

1. What are the characteristics of a conflict?
2. How are you usually responding to conflict?
3. What is the most important outcome of conflict?
4. What is your greatest strength when dealing with conflict?
5. If you could change one thing about the way you deal with conflict, what would it be and why?

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This project has been funded with support from the European Commission under the Erasmus+ Programme. This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

PROJECT ID: 2019 -1-RO01-KA202 -063198



6. Are there any benefits from conflict situations within a team?

7. How can conflict be harmful to a team?

8. What are some reasons for choosing to avoid conflict?

9. What's a good attitude towards dealing with conflict within your team?

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